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## The interconnectedness of human rights and sustainable development: a human rights-based approach to achieving the sdgs Zen Mouri\*

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## DESCRIPTION

Human rights and sustainable development are interconnected, with one serving as а prerequisite for the other. Human rights are universal and inalienable rights that every human being is entitled to, irrespective of their nationality, ethnicity, or religion. Sustainable development, on the other hand, is development that meets the needs of the present without compromising the ability of future generations to meet their own needs. The United Nations has recognized the importance of human rights and sustainable development and has integrated them into the global development agenda. Human rights and sustainable development are closely linked. Sustainable development can only be achieved when human rights are protected and promoted. The protection and promotion of human rights are essential for sustainable development as they ensure that all individuals have access to basic necessities such as food, water, healthcare, and education. These necessities are essential for a dignified life and are prerequisites for sustainable development. Human rights also provide a framework for inclusive and equitable development that leaves no one behind. Human rights also play a crucial role in promoting sustainable development by ensuring social justice, gender equality, and access to justice for all. Social justice is critical for sustainable development as it ensures that

Marginalized groups have access to opportunities and resources to lift themselves out of poverty. Gender equality is essential for sustainable development as it ensures that women have access to education, healthcare, and economic opportunities. Access to justice is crucial for sustainable development as it ensures that individuals and communities have access to legal remedies and can hold governments and corporations accountable for their actions. A human rights-based approach to sustainable development essential is for achieving sustainable development. A human rights-based approach places individuals at the center of development and recognizes that development must be inclusive, participatory, and accountable. A human rights-based approach also recognizes that development must be sustainable, meaning that it must be environmentally sustainable and socially just. A human rights-based approach to sustainable development ensures that development is based on the principles of human dignity, equality, and non-discrimination. The United Nations' Sustainable Development Goals (SDGs) are a set of 17 goals that provide a blueprint for sustainable development. The SDGs are based on a human rights-based approach to development and recognize the importance of protecting and promoting human rights.