



# Throat cancer: Cancer in pharynx or larynx

Daniel Kwartowitz\*

Department of Otolaryngology, University of California, San Francisco, USA.

## ABOUT THE STUDY

Throat cancer refers cancer that develops at the throat (pharynx) or speech organ (larynx). Throat cancer refers to cancer of the cartilaginous structure, the vocal cords, and other parts of the throat, like the tonsils and oropharynx. Throat cancer is usually grouped into two categories: pharyngeal cancer and laryngeal cancer. Throat cancer is comparatively uncommon compared to other cancers.

About 1/2 these cancers happen within the throat itself these diseases tend to grow quickly. That's why getting treated too soon gives the simplest chance to beat them and keep an honest quality of life.

The signs and symptoms of throat cancer could also be difficult to spot within the early stages of the disease. Many symptoms related to throat cancer, like a pharyngitis or hoarseness, are the identical as people who may accompany a chilly.

## Symptoms

- Voice changes like cracking or hoarseness
- Trouble swallowing or breathing
- Sore throat, cough, or earache that won't escape
- Headache
- Neck lump
- Un explained weight loss

The most common early be-careful call of throat cancer could be a persistent inflammatory disease. An inflammatory disease lasts for quite period of time.

## Causes of throat cancer

- Smoking tobacco
- Excessive alcohol consumption
- Human Papilloma Virus (HPV)
- Epstein-Barr Virus (EBV)
- Poor diet
- Family history of cancer

- Tested for Human Papilloma Virus (HPV)
- Imaging tests, including computed axial Tomography (CT), Magnetic Resonance Imaging (MRI) and Positron Emission Tomography (PET).

## Throat cancer treatments

Treatment options for throat cancer include surgery, radiation, chemotherapy, immunotherapy and targeted therapy. The choices recommended to every patient vary looking on variety of things, including the kind, stage and progression of the disease. Your multidisciplinary team of throat cancer experts will answer your questions and recommend treatment options supported your unique diagnosis and wishes.

## Common treatments for throat cancer include

- Chemotherapy
- Radiation therapy
- Chemo radiation could also be a treatment option for patients who choose to not have surgery or who aren't healthy enough for surgery
- Surgery
- Targeted therapy
- Immunotherapy
- Laryngeal cancer treatment

To prevent throat cancer one should not smoke or use other tobacco. Limit or avoid alcohol use. HPV vaccines recommended for kids and young adults target HPV subtypes presumably to cause some head and neck cancers. They need been shown to stop most oral HPV infections. It's not clear yet whether or not they are also able to prevent throat or larynx cancers.

## Diagnosis

In order to diagnose throat cancer, doctor may recommend:

- Endoscope
- Laryngoscope
- Biopsy